

VITAMIN HANDLING

| Protect from Light/Amber tube | | No Light Protection | |
|---|---|---|---|
| Vitamin A VITA-(1241) | Plain Red tube Spin/Pour off/Refrigerate Patient must fast | Vitamin B12 B12- (1967) | SST tube Spin/Refrigerate |
| Vitamin B2 Riboflavin VITB2- (10210) | Green Li Hep tube Spin/Pour off/Freeze Patient must fast | Folate Folic Acid FOLAT- (1960) | SST tube Spin/Refrigerate |
| Vitamin B3 Niacin FNIAC- (10298) | Lav tube Spin/Pour off/Freeze | Vitamin D 25- Hydroxy 25HYT- (1246) | SST tube Spin/Refrigerate |
| Vitamin B5 Pantothenic Acid FPAB- (10781) | Plain Red tube/SST acceptable Spin/Pour off/Freeze | Vitamin D 1,25-Di- Hydroxy DHVD- (6804) | SST tube Spin/Refrigerate 4 hr. fast preferred Note how many hrs. patient fasted |
| Vitamin B6 VTB6G- (1307) | Green LiHep tube Spin/Pour off/ refrigerate plasma Patient must fast, NO VITAMINS 24 hours prior to draw | | |
| Vitamin B7 Biotin FBIOT- (10163) | Plain Red tube/ SST acceptable Spin/Pour off/Freeze | | |
| Vitamin E VITE- (1193) | Plain Red tube/SST acceptable Spin/Pour off/Refrigerate Patient must fast | | |
| Vitamin K VITK1- (10195) | Plain Red tube/SST tube acceptable Spin/Pour off/ Refrigerate Patient must fast | | |
| Vitamin C Ascorbic Acid VITCR- (1019) | Green LiHep tube Immediately place on wet ice Spin/Pour off /Freeze Plasma Patient must fast | | |
| Vitamin B1 Thiamin TDP- (9035) | Lav Tube/ Immediately place on wet ice Pour off Whole Blood /Freeze Patient must fast | | |

If there are multiple tests ordered and only one of the tests has to be protected from light, either:

Pour all of them off into an amber tube and only send in the amber tube **or** wrap the tube in foil, attach the small label on the outside of the foil, and send the wrapped tube along with the aliquot label in a separate bag.

If gel-barrier tube is not listed as an option, it is NOT acceptable.